



Santa Cruz Lawn Bowls Newsletter

November 2017

Welcome to new member John Mills. I am sure you will see him on the green frequently as he lives within walking distance. This month we feature our Veterans's Day celebration on Thursday, November 9. We welcome guests, for the draw or just for snacks, veterans or those who wish to honor our veterans. Following our draw game we will have special snacks. Veterans, if you have a photo of yourself in uniform, please consider bringing it to share. We lost the Battle of the Bay (Jaws) trophy to Carmel but the games were close. My sincere appreciation to those who played for Santa Cruz. Two items that were discussed at the October meeting, membership committee and clubhouse cleaning, are detailed below. We have scheduled a fall clean up for Thursday, November 2 from 9-12. Leslie will be in charge of the clean up. Please let me or Leslie know if you can assist. We have arranged for a very exciting entertainment for the December 17 Christmas party. Sign up sheets will be on the front table after November 15. Cost will be \$15 per person for dinner and entertainment. Note below that winter hours begin on November 1. Starting with Thursday, November 2, a

ALL draw games will be at 12:30. As in the past, if it is rainy on a Thursday, the clubhouse will be open for topical discussion, card games and social hour. Even if it rains, come by the green.

Calendar: All events at the clubhouse unless noted.

November 1, Winter hours begin ALL DRAWS AT 12:30 (T-Th-S-Su)

November 2, Thursday, 9-12 Fall clean up. Bring your own lunch. Draw follows at 12:30

November 9, Thursday, Veterans' Day, Draw 12:30 Snacks 2:15 Guests welcome

Thanks: To Aumao, Leslie, Harry, Stephen, Rod and Earl for participating in the Jaws Tournament; to John Lyons and Rod for serving on our nominating committee for 2018; to Earl and Aumao for green brushing; to Gary for draw tags and name buttons

Clubhouse Cleaning: The issue still remains undecided. We have the possibility of a monthly or twice monthly cleaning for \$50 each time. If you are willing to donate toward the cleaning, please place a check in the envelope on the white board. If we do not raise sufficient funds, checks will be returned at the December meeting. Be advised that once we have funds, we still need to get city approval for the cleaning crew which involves some specific requirements on their part.

Membership: Our December meeting will focus on the election of officers. At that time, we need to determine a membership committee chair. We had a lot of exposure this year through our various events but we need to make a coordinated effort to continually reach out to those interested and provide opportunities for them to play with peers. Please let me know if you are interested in this position.

Focal Point: From Warburton Bowls Club, Australia:

GETTING A GRIP ON YOUR GAME

"Having a correct and comfortable grip is first and foremost but everybody will vary slightly in adapting their own grip. What may be right for one person could be totally wrong and feel uncomfortable for another.

There are a couple of standard techniques that I will share with you. Once you master the textbook grip, you can tweak it to make it more comfortable for you. There are two common grips used in Australia, the fingertip grip and the claw grip. There is also a cradle grip but it is rarely used in Australia as it is suited more to slower greens.

The purpose of developing a good, consistent grip is to be able to deliver your bowl on it's running surface eliminating any wobbles.

Regardless of which grip you use, you must ensure your middle finger is centred on the bowl. This finger being the longest finger it should be the last one to make contact with the bowl prior to it's release. If this is off centre you may set the bowl off on a lean, hence creating that dreaded wobble.

The main thing is that you replicate the same delivery with every bowl by releasing it at the same point and angle every time.

The fingertip grip is probably the most popular grip in Australia due to our greens being quite fast in certain areas and it gives you a better feel and touch for the bowl. Your fingers should be spread in a relaxed position, but reasonably close

together. Your thumb should be moderately high up the bowl, but not on the running service. The weight of the bowl should be on your middle three fingertips. Be careful not to let your little finger creep too far up the side of the bowl as this will cause your bowl to wobble on delivery.

The claw grip unlike the fingertip grip is when the bowl sits back more into the palm of your hand. Your fingers should be slightly apart with your thumb covering the outer ring. This grip is generally good for people who have a smaller hand and people that have difficulty holding their bowl in damp or very humid conditions. It is also a good grip if the greens are quite slow.

Last but not least the golden rule is try not to break your wrist at the point of delivery as this will create a flick and your weight control will be all over the place. Unfortunately this is a bad trait that many of us have, especially when greens become quick as you try to steer the bowl towards the target, but this will add extra weight when you are actually trying to take it off! Try to imagine you have a steel rod through your hand and forearm joining to your elbow, if that makes sense. Simply deliver the bowl in a natural motion releasing your fingers from the bowl at the point of release.”

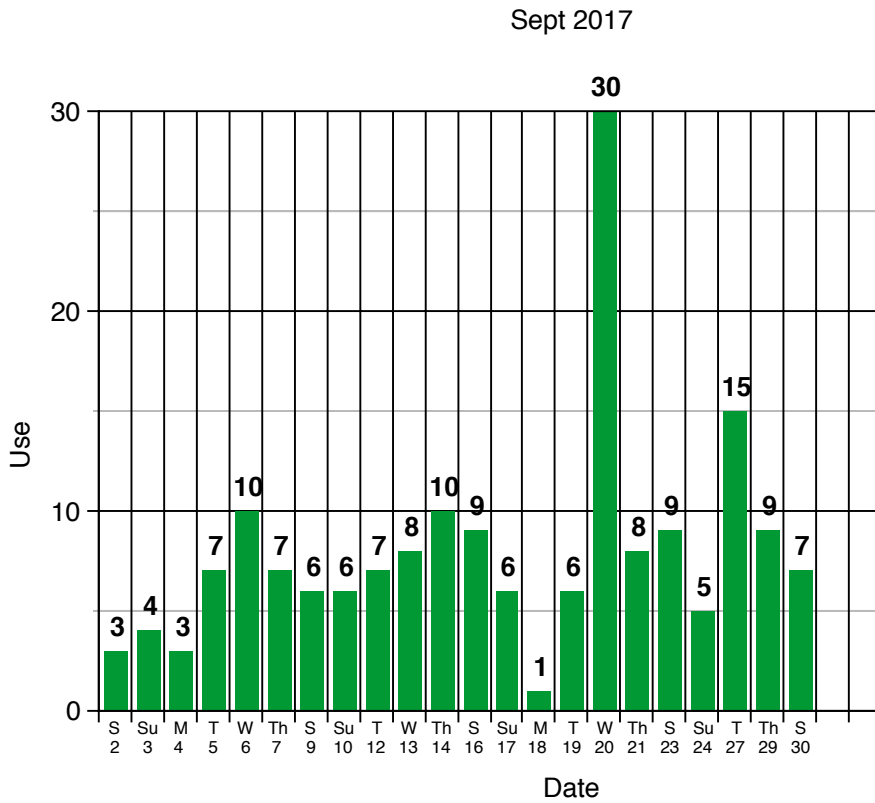
Goals 2017:

Personnel: To have a net increase of 10 new members, to have 2800 games played

Facilities: To have all members participate in clubhouse, garden, and green maintenance,

Finance: To add \$3000 to green replacement fund

Attendance: Our September total was 176 with an average draw of 10. Our biggest day was Western Night, September 20.



SCLBC Sign in Roster